

BODY OF LIGHT HEALING PROGRAM

SHAMANIC & TANTRIK HEALING ARTS



TRIKA MAHĀSIDDHA YOGA

What is body of light healing?

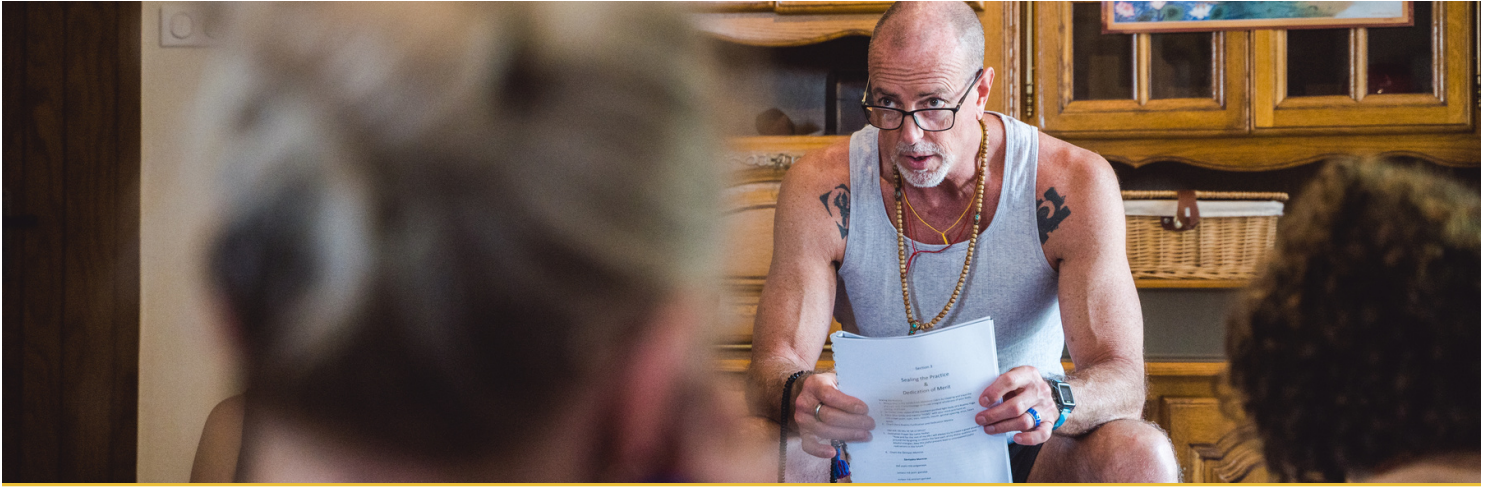
This is a **comprehensive program in the Shamanic and Tantrik Healing Arts**. The Practitioner Program combines the teachings and practices of the Shamanism of Polynesia, Native America, Cuba and Northern Europe, along with healing and oracular modalities of classical Tantrik Yoga of India and Tibet.

You may attend individual modules or enroll with the intention to complete the entire curriculum, thereby attaining certification as a fully trained, authorized and empowered Body of Light Healing Practitioner. Full training, authorization and empowerment are the three essential ingredients for becoming an authentic and capable healer. The Body of Light Healing Practitioner program stands out in this respect, when compared to the abundance of “healing workshops” available in the current marketplace.

Your inner development parallels your development as a healer. As your journey of becoming a healer deepens you will experience steady personal and spiritual development manifesting as ever-increasing Wisdom and Compassion. Also, each phase of your training expands your internal and external worlds, which causes successively greater connections and a reciprocal integration with all of life, both seen and unseen. In this way the healer also becomes the “healed”.

The pith Shamanic and Tantrik Yoga healing practices and teachings you will receive were studied, practiced and applied for 40 years by Tantrācārya Dharma Bodhi. Through your study you will integrate the wisdom of these practices, tapping you into your own inner wisdom experienced as the co-emergent fusion of Universal Cycles of Energy with your Individual Cycle of Energy.

For the next 1-2 years, this program will be made available as individual retreats on specific healing modalities that you can put into use immediately after attending the retreat. A long-term apprenticeship will be offered once there is a dedicated group of Body of Light Healing Practitioners wishing to be fully trained, authorized and empowered as a Body of Light Healer. This apprenticeship will require 3-5 years of in-depth training prior to graduation. The apprenticeship trainees will meet multiple times per year both online and in-person.



INTRODUCTORY ONLINE COURSE

WHAT IS A HEALER ?

Free Online Lecture

March 16, 2024 | 9-11AM

What does it really mean to be a healer?

What is "true healing" versus "curing"?

There has never been a more dire need for qualified "healers" on this planet. But what does it take to become a qualified healer?

Before the 1980's, if you had a physical, emotional or spiritual illness your only options were medicine or the clergy, but nowadays healing is big business. The internet is overflowing with practitioners promising miracle cures and workshops on how to become a healer or shaman. Due to a dramatic increase in the numbers of people suffering from illness of the body or spirit, and in an effort to serve them, in 2024 Dharma Bodhi will begin the Body of Light Healing Program, which will teach authentic methods of healing from traditional Shamanism and Tantrik Yoga.

In this upcoming free online class, Dharma Bodhi will discuss his understanding of healing & healers from his 3 decades of experience as a health care practitioner and classically trained shaman. He'll share his perspectives on "Spiritual Healing" and "Spiritual Healers" from his lifelong contact with shamans and mystic healers having grown up in a family line of powerful female shamans. A good portion of time will be used for an extensive Q & A on this topic. If you are contemplating a career as a "healer," or you are seeking a healer, this discussion may be helpful for you!

**FURTHER INFORMATION WILL BE MADE AVAILABLE THROUGH [FACEBOOK](#),
[INSTAGRAM](#) AND THE UPCOMING BOLH WEBSITE****

**Details of website release will be made available through the above social links, as well as TMY's [Facebook](#) page



BODY OF LIGHT HEALING

...Program Overview...

Three Phases of Training:

PHASE 1: Shaman-Priest Training

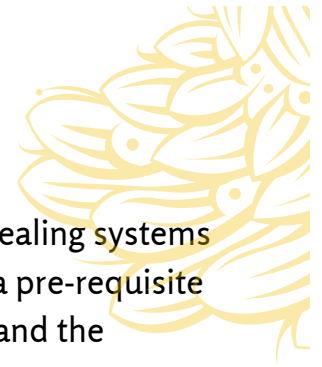
PHASE 2: Subtle Inner Tantrik Healing Practices

PHASE 3: Apprenticeship Cohort

PHASE 1: Shaman-Priest Training

(open to the public)

This phase of the program gives you a solid grounding in specific shamanic healing systems within a retreat format. Commitment to the apprenticeship program is NOT a pre-requisite to attend Phase One retreats. The Hawai'ian system of Lomi Ha'a Maui Ola and the Scandanavian system of STAV are the central focus of this phase.



These two public access trainings are the pre-requisites needed to apply for the Apprenticeship Program. The advanced levels of these two healing systems will be taught during the apprenticeship. You will also learn the shamanic aspects that are still in use in Tantrik Yoga of India and Tibet.

Topics:

- **5 Elements of Healing:** Macro & Micro, Elemental Songs & Connections
- **Sacred Pipe** (Prayers of Purification, Gratitude, Connections, Offerings, & Healing), Discovering your Spirit Song(s) from Lakota, Tsalagi (Cherokee), & Amazon River-Forest Nations.
- **Lomi Ha'a Maui Ola** – Traditional Hawai'ian Temple Bodywork
- **Marma Therapy** from Tantrik Ayurveda
- **Tantrik Mantras & Prayers for Healing**
- **Tantrik Puja for Healing** (*pre-requisite: basic proficiency in Tantrik Puja - Level I, which can be learned from an authorized TMY Puja Instructor.)
- **Shamanic Fire Ceremony for Purification and Healing:** offerings to displaced/offended spirits/elementals harmonizing the body/energy thus creating a healing context.
- **Shamanic level of diagnostics:** Oracles, Dream Interpretation, Reading “Signs”



PHASE 2: Subtle Inner Tantrik Healing Practices

(Open to public who have completed the pre-requisites for each retreat)

In Phase Two you will be taught how to develop learning and working relationships with powerful celestial beings whose sole reason for manifesting is to deliver healing power. You will learn to channel and possibly embody (become temporarily possessed to a degree) a healing deity in order to give healing to your patient.

You'll also be taught how to avoid the negative repercussions that can arise from healing work via displaced or aggravated entities that were causing the illnesses. Therefore, you will also learn the corrective procedures of what are termed "soul retrieval" and "exorcism". In Phase Two you are directly engaging with "subtler" causes of illness (possibly spirits, ghosts, etc.) and healing via conscious allocation of divine force. Because of this, esoteric diagnostics become important in this phase including learning indigenous oracles and specific aspects of Tantrik Astrology.

Topics include:

- **Creating the Healing Deity Relationship** through nyasa, bhavana, mantra & puja practice
- **Inner Level of Elemental Healing:** Learning how to understand and use the 5 elements as subtle nature – lights/hue, sounds, & qualities, subtle disturbance of the elements arising as mental- emotional symptoms, deities of the elements, treatment via subtle Tantrik elemental therapies. (* Students are encouraged to complete the pre-recorded course entitled - "Healing Mind & Emotions with the 5 Elements of Tantra" offered through Trika Mahāsiddha Yoga's website add link here, but this is not a mandatory pre-requisite)
- **Primal Ayurveda, Level II** – diagnosis and treatments without physical medicines, basic pulse taking. (*The mandatory pre- requisite is the pre-recorded course entitled - "Primal Ayurveda Level I" offered through Trika Mahāsiddha Yoga's website add link here)
- **Inner Level Tantrik Deity Yoga Puja** for healing wherein the apprentice transforms into the deity in order to perform the healing. (*The pre-requisite is "Tantrik Puja for Healing" offered in Phase One of Body of Light Healing Practitioner program)
- **Advanced Lomi Ha'a Mauli Ola:** Techniques of Journeying Space-Time for deepest level healing via karmic resolution. (*Pre- requisite is the Phase One retreat in – "Lomi Ha'a Mauli Ola")

PHASE 3: Apprenticeship Cohort [Siddha Medicine & Vajra Healing]

(*By application only)

Student's desiring to study Phase Three material must have trained in most of the modules offered in Levels One and Two. After a minimum of 2 years completing the Level One and Level Two curriculum, students can apply to join the Apprenticeship Cohort (average length of study is 3-5 years, though some may need more time, this is not for people who are in a hurry because this is not a university course where information is learned and spit back verbatim in order to graduate. A higher level of competency is required of apprentices). The applicant will be assessed for their suitability to join the Apprenticeship Cohort based on their competency in the material of Levels One & Two, etc.

Direct Healing teaches us how to place the patient, their lives, their illness, our healing efforts, our self...all the contributing factors coming to bear on an illness in the proper perspective. You'll learn to 'see' and operate in a new way that converts situational data into cycles of time and energy that are either dissonant or consonant, and how to very interact with those cycles for the patient's, and possibly your, benefit.

The Apprenticeship Cohort will meet regularly online and in person 3 – 4 times per year rotating between the USA, Europe and possibly Brasil. There is no standard period of time spent in the Apprenticeship Cohort. Rather, the apprentices receive the empowerment and authorization to practice as fully qualified Body of Light Healing Practitioners and are imbued with the power to pass on the teachings and practices when Dharma Bodhi, the main teacher of the program, assesses that they are proficient in healing and are ready to take on the role of a Body of Light Healing Ācārya.

The Sanskrit word Ācārya, meaning "lineage holder", is used as a formal title for the graduates of the Apprenticeship Program. The Body of Light Healing Ācāryas will preserve the integrity of, and carry this tradition of spiritual healing into a future wherein the need for its services will be great. The Ācāryas take the vow to serve all beings as the prime directive.

**Note: Once the Apprenticeship Cohort has been filled we will most likely be discontinuing the Phase One and Phase Two curriculum.*

Non-Comprehensive list of Topics:

- Subtle Body Pulse Diagnosis
- Exorcism
- Sexual Healing
- Modalities conferring Nondual Essence Transmission for Healing

PUBLIC RETREAT DESCRIPTIONS





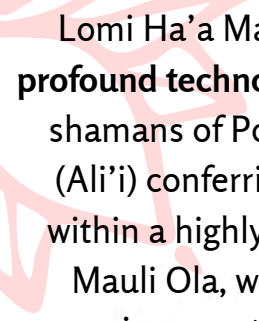
Lomi Lomi - Level 1 Hawai'iian Temple Bodywork Retreat (Lomi Ha'a Maui Ola)

You will be learning the system of **Lomi Ha'a Maui Ola (Lomi of the Universal Breath of Healing)**. This is a very powerful form of physical and psycho-emotional healing from the Lomi lineage, as taught by Hawaiian Kahuna, Abraham Kawai'i. Dharma Bodhi was initiated as the head of the Lomi Lineages by Hono Ele Makua, The Grand Kahuna of all 7 Hawai'iian Islands in 1993.

This 12-day training is the foundation for the whole Body of Light Healing Program. You will leave this training with the healing modality of Lomi Lomi massage and a ritual format that you can put to use right away with patients at home. We will also explore other exercises supportive of the massage, such as dancing, breathwork, prayer, meditation, and Hawaiian chanting.



Lomi Ha'a Maui Ola is the original form of Shamanic Ritual Bodywork taught by the great Kahuna Abraham Kawai'i to Dharma Bodhi in the 1980's. This original sacred Lomi-Lomi bears no resemblance in variety of techniques or spiritual power to the much diluted and commercialized "Lomi-Lomi" massages offered at high end spas, or new age Lomi-Lomi workshops.



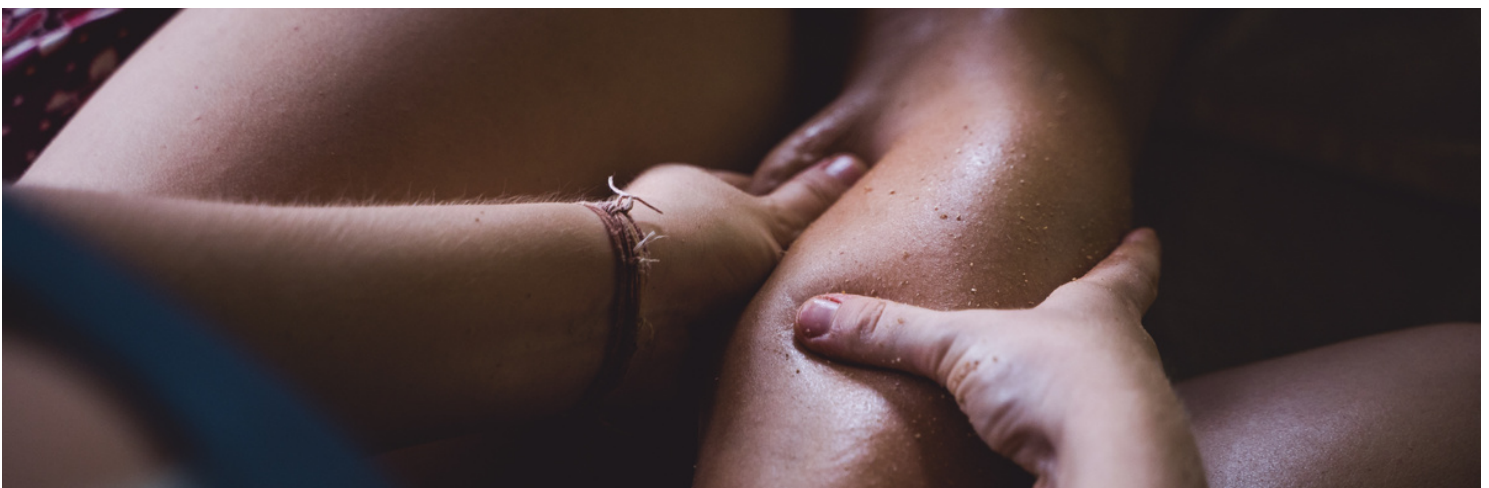
Lomi Ha'a Maui Ola is not merely a massage, but a sacred gift to humanity, a **profound technology of healing** honed to perfection over thousands of years by the shamans of Polynesia. Originally conceived as a ritual for the royalty of Hawai'i (Ali'i) conferring sacred revelation and transformation, the ritual is embedded within a highly stylized type of sacred bodywork. During a session of Lomi Ha'a Maui Ola, which can last for hours, the practitioner generates a high energy environment through the use of specific breath patterns, dance movements, drumming, music, massage "runs", "lifts", prayers, offerings, heightened awareness...and through this process the healer transcends the limited self to become a **conduit for the unlimited healing power of Universal Love and Compassion (Aloha)** and the blessing power of the recipient's ancestors (Aumakua).

After completing the 12-day retreat you will immediately be able to practice Lomi Ha'a Maui Ola in a professional manner to share the amazing physical, emotional and spiritual healing accessed through this method. This is the first training offered in the Body of Light Healing Program. Dharma Bodhi wanted to give the new trainee healers a way to ground your spiritual healing training in your body, and to give you an opportunity to earn a very good wage while practicing and refining your healing arts. This would then enable you to support yourself financially if you wished to continue to study in the Body of Light Healing Program.

Every Lomi session has four benefits:

1. Delivers **powerful healing** to your client & their ancestral lines
2. Gives you the opportunity to **further refine your Lomi skills**
3. **Creates an income** for you that refines your spirit instead of sells your soul
4. And is a very **powerful form of spiritual practice**

The Lomi Ha'a Maui Ola retreat is part of Phase 1 of the Body of Light Healing program. Phase 1 focuses on teaching select Shamanic Healing Systems.



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Each day of the retreat you will practice the healing bodywork of Lomi Ha'a Maui Ola embedded within the supportive practices of Hawai'ian Chanting (Oli), Prayer (Pule), Dance (Hula Kahiko), Energy Meditations, Awareness Meditations, Breath Practices, and Shamanic Movement exercises (based on sacred Polynesian animals such as the frigatebird or 'Iwa and the mythological dragon or kuamo'o).

By the end of the retreat your body will feel 10 – 20 years younger from receiving hours of massage each day, your mind will be more relaxed, and your heart will be full of sacred feeling. You will be able to embark on a new career as a professional healer using Lomi Ha'a Maui Ola as your main mode or as an addition to your pre-existing practice as a healer.

This is the authentic Lomi Lomi, in its **original temple art format**.

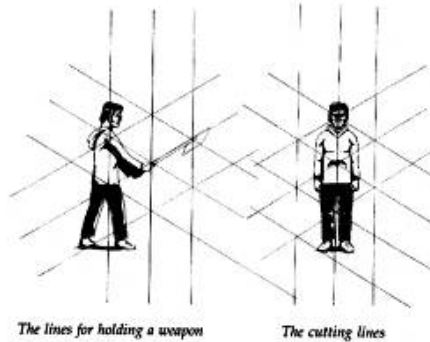
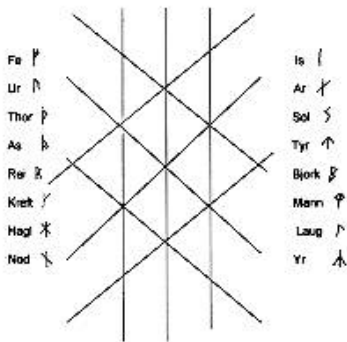
If you have the aptitude and desire, Lomi Lomi Levels 2 and 3 will be made available in later training phases.

**Lomi Lomi level 1 will take place for the public in France,
September 1 – 12, 2024**



STAV

Stav is an ancient Norse system of warriorship, spiritual cultivation and healing. There are six distinct healing systems within Stav, each relating to a different “world”. According to Stav, nine “worlds” create our experience. Dharma Bodhi learned Stav from Ivar Hafskjold who was the 28th inheritor of the system, within his family.

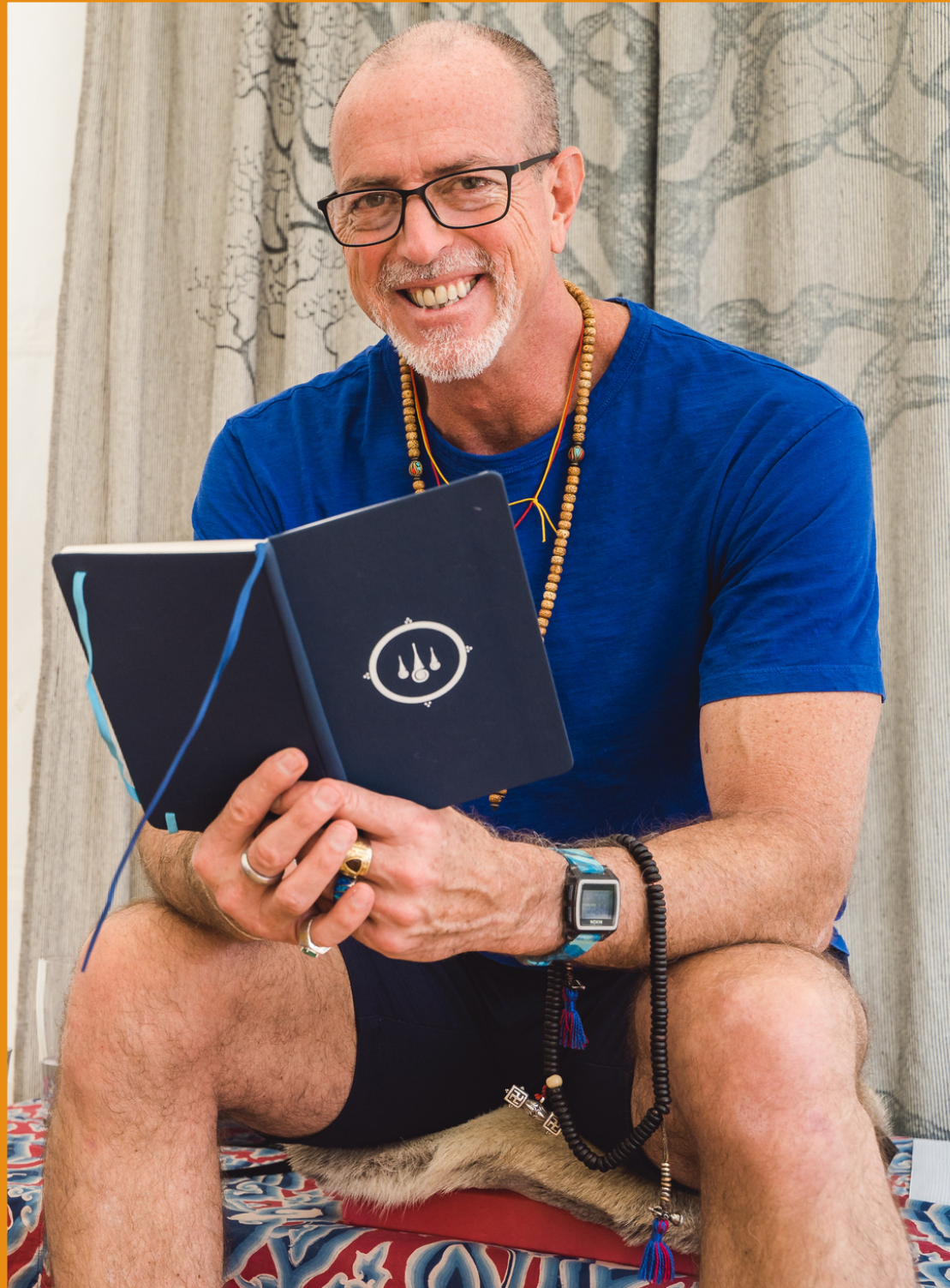


Some of the things you will learn:

- **Måt** is a type of very deep massage/ bone-setting, similar to Shiatsu in some ways. It affects the deep joint level of the body, increasing circulation, and allowing a person to maintain superior mobility throughout life.
- **Megan** is a system of hands-on healing. Through a powerful breathing practice, you will supercharge your body with energy and then place your hands on the area of a person who needs healing, in order to transmit that energy.
- There will be teaching transmission given about the power of Healing Energy—from the Norse Gods and Goddesses; and from the breathing practice.
- You will receive a special animal ally, related to a God or Goddess.
- In-depth Rune training, including Rune casting for diagnosis and treatment; and to check prognosis.



ABOUT THE TEACHER





Dharma Bodhi studied biochemistry and psychology at Trenton State University from 1980 – 1982, finishing in the top 1% of students in his class while working as a psychotherapy counsellor at Trenton Psychiatric Hospital, America's oldest psychiatric hospital. He then earned his clinical doctorate degree in Chiropractic Health Care and Plain Film Radiography (x-ray) in 1986. That same year he completed post-graduate studies in physical therapy, spinal bio-physics and Japanese acupuncture.

From 1986 – 1996 He owned a multi-disciplinary health clinic in Australia where he pioneered the use of mind-body technologies from Yoga and Daoism learnt from his daoshi and guru in order to create healing in the most resistant diseases and conditions. During this period of time Dharma also apprenticed with a very talented healer from the native Hawai'ian Kahuna tradition and inherited this rich tradition of healing using the body's energy and breath.



In 1997 Dharma graduated as an Ācārya of Tantrik Yoga after 10 years of training with his Indian masters. During his training he studied the yoga healing method which combines Ayurveda and Tantrik Yoga. His guru was especially knowledgeable in the rare form of Ayurveda practiced by high level yogins called "Siddha Medicine". This exposure stimulated Dharma to seek out formal training in Ayurveda with Dr. Vasant Lad.

After moving back to the USA in 1996 he traveled to New Mexico to enroll in Dr. Lad's Ayurvedic Institute. There he completed the 2-year program for licensed health care practitioners. Dharma Bodhi enjoyed a rich learning relationship with Dr. Lad which led to him apprenticing with Dr. Lad in both his city and rural clinics in Pune, India. Dharma also taught Vedic and Tantrik philosophy as a part-time staff member of Dr. Lad's Ayurvedic Institute in New Mexico during those years.

